

Knot Tide



PUB • EATERY • GATHERINGS

BAR BITES

— *served all day* —



CONNIE'S CHICAGO PIZZA **\$14⁰⁰**



CHEESE GARLIC BREAD **\$8⁹⁹**

2 slices w/ marinara sauce



10oz BAVARIAN SOFT PRETZEL **\$8⁹⁹**

w/ cheese or mustard



SPINACH DIP **\$8⁹⁹**

w/ crackers



CHIPS, QUESO + SALSA **\$8⁵⁰**



good food, good drinks, good company

LUNCH MENU

SANDWICHES & WRAPS

CHICKEN SALAD SANDWICH \$11.00

Homemade chicken salad on your choice of bread.

TUNA MELT \$11.50

Tuna salad with melted cheese on grilled bread.

ITALIAN MELT \$12.00

Italian meats with melted cheese, served hot.

GRILLED CHEESE \$11.00

Classic and crispy perfection.

GRILLED HAM & CHEESE \$12.00

Sliced ham and melted cheese on grilled bread.

CHICKEN CAESAR WRAP \$12.00

Grilled chicken, romaine, Caesar dressing and parmesan wrapped in a tortilla.

CLASSIC BLT \$11.00

Bacon, lettuce, tomato and mayo on your choice of bread.

KNOT DAWG \$5.00

All-beef hot dog, grilled to perfection.

SALADS

ITALIAN SALAD \$13.00

Lettuce, tomato, onion, cucumber, cheese, croutons, and your choice of Italian dressing.

ASIAN CHICKEN SALAD \$13.00

Grilled chicken, crunchy noodles, mandarin oranges, almonds, and Asian vinaigrette.

STRAWBERRY SPINACH SALAD \$12.00

Fresh spinach, strawberries, red onions, feta cheese, and walnuts.

CAESAR SALAD \$13.00

Crisp romaine, parmesan, croutons, Caesar dressing.

BREAD OPTIONS

- WHITE • WHEAT • SOURDOUGH
- 12 GRAIN • CIABATTA

SOUP OF THE DAY

(Chili when in season!)

CUP \$5.00 | BOWL \$8.00 | FLIGHT \$12.00

MACARONI & CHEESE

CLASSIC \$5.00

ADD CHICKEN \$8.00

FRESH FRUIT CUP

➤ \$6.00 ➤

BREAKFAST MENU

Fuel Your Day the Knot Tide Way



BREAKFAST BURRITO

Chorizo, Bacon, or Sausage **\$9⁰⁰**



BISCUITS & GRAVY

1/2 Order **\$6⁰⁰**

Full Order **\$9⁰⁰**



BELGIAN WAFFLES

w/ Syrup **\$7⁰⁰**



EGG BAGEL SANDWICH

with your choice of
Sausage or Bacon **\$9⁰⁰**



**YOGURT PARFAIT WITH
FRUIT AND GRANOLA** **\$6⁰⁰**



BAGEL W/ CREAM CHEESE **\$5⁰⁰**

Cream Cheese Options:

Jalapeño • Mixed Berry • Garden Vegetable



AVOCADO TOAST

1 Slice **\$4⁰⁰**

2 Slices **\$8⁰⁰**

Served on your choice of bread

12 Grain • Sourdough • White • Wheat • Bagel



**YOU MAY ADD FRESH FRUIT
TO ANY BREAKFAST MEAL**

\$3⁰⁰